


\$4.50 Suggested Donation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>January 2019 Millstadt Township Senior Services (618) 476-3731</p>		<p>1 CHEESE BURGERS Green Salad String Beans w/bacon Cheese Bread Fruit Pizza <i>*Bredeaux</i></p> <p>Happy New Year!! Closed Today</p> <p><small>New Year's Day</small></p>	<p>2 LASAGNA Green Salad String Beans w/bacon Cheese Bread Fruit Pizza <i>*Bredeaux</i></p>	<p>3 CHICKEN TENDERS Baked Potato Snow Peas & Pearl Onions Whole Wheat Bread Goopy Butter Cake</p>	<p>4 Lunch includes 5 Milk, Juice, Lemonade or Tea.</p>	
	<p>6 CHEDDAR MEATLOAF Augratin Potatoes Lima Beans Hot Roll Peach Pie</p>	<p>7 PORK SAUSAGE WITH SAUERKRAUT Mashed Potatoes Gravy Corn Wheat Bread Bread Pudding</p>	<p>8 SPAGHETTI W/ MEAT SAUCE Cesar Salad Garlic Bread Cheesecake <i>*Bredeaux</i></p>	<p>9 FRIED CHICKEN Mashed Potatoes White Gravy String Beans Dinner Roll Apple Pie</p>	<p>10 SLOPPY JOES Potato Chips Buttered Corn Hamburger Bun Brownie</p>	<p>12</p>
	<p>13 PORK ROAST Dressing Glazed Baby Carrots Hot Roll Cherry Crisp ala mode</p>	<p>14 BAKED ZITI Tossed Salad Deviled Eggs Bread Stick Chocolate Chip Cookie <i>*Bredeaux</i></p>	<p>15 GENERALS CHICKEN ½ Fried Rice ½ Lo-Mein Egg Roll Crab Rangoon Cookie <i>*China King</i></p>	<p>16 PULLED PORK WITH MILD SAUCE Bun Potato Salad Baked Beans Blueberry Muffin</p>	<p>18 CHICKEN SALAD On Croissant Roll ½ cup Potato Soup Three Bean Salad Rice Krispie Treat</p>	<p>19</p>
	<p>20 MOSTACOLLI W/ MEAT SAUCE String Beans Green Salad Cheese Garlic Bread Brownie</p> <p><small>Martin Luther King Day Tu B'Shevat</small></p>	<p>21 BBQ PORK STEAK Shellroni Salad Baked Beans French Bread Jello Cake</p>	<p>22 BEEF POT ROAST Gravy Mashed Potatoes Corn Dinner Roll Carrot Cake</p>	<p>23 GRILLED BONELESS CHICKEN BREAST Garden Salad Steamed Broccoli Hot Roll Fruit Cobbler</p>	<p>24 FISH FILLET Bun Tarter Sauce Steak Fries Coleslaw Lemon Pie</p>	<p>26</p>
	<p>27 CHICKEN POT PIE Ranch Salad Hot Roll Cherry Pie</p> <p><small>Australia Day (observed)</small></p>	<p>28 BBQ RIBS Baked Potato G Bean Casserole Garlic Texas Toast Texas Sheet Cake</p>	<p>29 HAM & CHEESE HAWAIIAN ROLL ½ cup Chicken Noodle Soup BLT Pasta Salad Banana Pudding Dessert <i>*Bredeaux</i></p>	<p>30 FRIED CHICKEN Mashed Potatoes White Gravy Creamed Peas Dinner Roll White Cake w/ Choc Icing</p>	<p>Funding for the Area Agency on Aging of Southwestern Illinois is received from the United States Administration on Aging and the Illinois Department on Aging. The Agency does not discriminate in admission to programs or activities or treatment of employment in the programs or activities in compliance with State and Federal Statutes. If you feel you have been discriminated against, you have the right to file a complaint with the Agency by calling 618-222-2561 or 800-326-3221</p>	