

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2019

Millstadt Township Senior Services
(618) 476-3731

					PHILLY CHEESE 1 PIZZA Green Beans Potato Wedges Cinna-sticks <i>*Breadeaux</i>	CAT FISH 2 Sweet & Sour Coleslaw French Fries Rye Bread Peach Cobbler	3
4	JUICY & TENDER 5 SLICED ROAST BEEF W/ GRAVY Roasted Potatoes Peas & Carrots Wheat Bread Best Banana Pudding Ever	PORK SAUSAGE 6 AND SAUERKRAUT Mashed Potatoes Green Beans Bakery Bread Cheesecake <i>*Schuberts</i>	BBQ CHICKEN 7 Layered Salad Baked Potatoes Garlic Bread Chocolate Cupcakes	ITALIAN BEEF 8 Parsley Potatoes Baked Beans Roll Chocolate Cake	CHICKEN 9 TENDERS Baked Sweet Potato Corn Biscuit w/ Honey Cinnamon Roll	10	
11	CHICKEN & 12 DRESSING Buttered Peas Hot Roll Cherry Cobbler	MEATLOAF 13 Whipped Potatoes Glazed Carrots Gravy Hot Roll Fruit Turnovers	RIBS 14 Baked Potato Corn Casserole Garlic Bread Pineapple Sunshine Cake	GENERAL CHICKEN 15 Steamed Vegetables Fried Rice Egg Roll Crab Ragoon Watermelon Slices <i>*China King</i>	SLOPPY JOES 16 Steak Fries Creamy Cucumber Salad Fritos Bun Sundae Bar	17	
18	BBQ PORK 19 STEAK Shellroni Baked Beans Roasted Zucchini Garlic Bread Watermelon	FRIED CHICKEN 20 Loaded Baked Potato Casserole Buttered Peas Hot Roll Cherry Delight	LASAGNA 21 Caesar's Salad Garlic Cheese Bread Chocolate Cake <i>Breadeaux*</i>	PORK SAUSAGE 22 AND SAUERKRAUT Mashed Potatoes Green Beans Bakery Bread Pie <i>*Schuberts</i>	CHEESEBURGER 23 Bun Cup of Chili Coleslaw Oyster Crackers Brownies	24	
25	CHICKEN AND 26 DUMPLINGS Cucumber Salad Peas Biscuit with Honey Orange Poke Cake	PULLED PORK 27 On Bun Potato Salad Green Beans Cookies <i>*Schuberts</i>	HAM & BEANS 28 Sweet Coleslaw Corn Bread Apple Cobbler	SPAGHETTI 29 W/MEAT SAUCE Ceasar Salad Bread Stick Green Beans Fresh Fruit Salad <i>*Breadeaux</i>	SHAKE n BAKE 30 PORKCHOP Mashed Potatoes Gravy Sliced Tomatoes Wheat Bread Mother-In-Law Dessert	31	