

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2% Milk, Skim Milk, Chocolate Milk, Juice, Iced Tea, Lemonade or Coffee included with meal.. 	1 Closed <small>Labor Day</small>	2 BEEF ROAST Mashed Potatoes Gravy Peas & Carrots Hot Roll Peach Pie	3 CHICKEN TENDERS Oven Roasted Potatoes Country Green Beans Texas Toast Cream Pie	4 BBQ PORK STEAK Baked Potato Baked Beans Garlic Bread Cream Bread Lemon Cake	5 SWEET & SOUR CHICKEN Egg Roll Crab Rangoon White Rice Fruit *China King	7
8 PORK SAUSAGE Mashed Potato Gravy Sauerkraut Green Beans Wheat Bread Dessert *Schuberts <small>Grandparents' Day</small>	9 FRIED CHICKEN Mashed Potatoes Gravy Buttered Corn Hot Roll	10 ITALIAN BEEF Broccoli Salad Steak Fries Hoagie Roll Baked Apples	11 CHICKEN PARMESAN Classic Caesar Salad Roasted Broccoli Garlic Bread Cherry Cobbler *Bredeaux	12 SLOPPY JOES ON BUN Tater Tots Oriental Coleslaw Fritos Cupcake	13	14
15 CHICKEN POT PIE Green Salad Dinner Rolls Mixed Fresh Fruit	16 BONELESS PORK CHOP Baked Sweet Potato Green Beans Hot Roll Apple Pie *Schuberts	17 SPAGHETTI & MEATBALLS Mixed Green Salad Broccoli Garlic Bread Baked Apples *Bredeaux	18 LASAGNA Green Salad Roasted Broccoli Garlic Bread Cherry Dessert *Bredeaux	19 CHICKEN SALAD Chips Mixed Melon Cup Thee Bean Salad Hamburger Bun Sundae Bar	20	21 <small>Oktoberfest Begins</small>
22 ROAST PORK AND GRAVY Dressing Green Beans Wheat Bread Mother In Law Dessert <small>Autumn Begins</small>	23 CHEDDAR MEATLOAF Scalloped Potatoes Glazed Carrots Dinner Roll Bread Pudding	24 PULLED PORK Cheese Potato Casserole Baked Beans Hamburger Bun Cookies *Schuberts	25 FRIED CHICKEN Mashed Potatoes Gravy Buttered Peas Hot Roll Apple Cobbler	26 COD FISH Cole Slaw Oven Fries Rye Bread Texas Cake	27	28
29 RIBS Baked Potato Creamed Spinach Garlic Bread White Cake w/white icing <small>Rosh Hashanah (first day)</small>	30	 <h1>September 2019</h1>  <h2>Millstadt Township Senior Services</h2> <p>(618) 476-3731</p>				