

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2020

MENU

Millstadt Township Senior Services
(618) 476-3731

				ITALIAN BEEF 1 Potato Casserole Broccoli Hamburger Bun White Cake/Chocolate Icing *Millstadt IGA	SLOPPY JOES 2 Steak Fries Corn Bun Strawberry Poke Cake *Millstadt IGA	3
				4 ROAST BEEF/GRAVY Mashed Potatoes Peas Bun Fruit Pie *Millstadt IGA	5 TURKEY AND DRESSING Mashed Potatoes/Gravy Corn Hot Roll Pumpkin Pie *Millstadt IGA	6 BAKED ZITI 7 Beef Marinara Green Beans Garlic Bread Chocolate Pudding w/whipped cream *Bredeaux
11 LASAGNA Green Salad Berry Cup Garlic Bread Brownie *Bredeaux Columbus Day (US) Thanksgiving Day (Canada)	12 MEATLOAF Whipped Potatoes Gravy Corn Roll Strawberry Shortcake *Millstadt IGA	13 BBQ RIBS 14 Baked Sweet Potato Baked Beans Layered Salad Lemon Bundt Cake *Schuberts	15 GENERALS CHICKEN Vegetable Fried Rice ½ Egg Roll Crab Rangoon Cutie Oranges *China King	16 POPCORN SHRIMP Cocktail Sauce Macaroni/Cheese Coleslaw Hot Roll Carrot Cake *Millstadt IGA	17 Simchat Torah Begins	
18 PORK LOIN 19 Mashed Potatoes Gravy Green Beans Hot Roll Pumpkin Pie *Schuberts	20 FRIED CHICKEN Whipped Potatoes Gravy Glazed Carrots Hot Roll Mother in Law Dessert *Millstadt IGA	21 SPAGHETTI with Meat Sauce Spinach Salad Broccoli Garlic Cheese Bread Jello Cake *Bredeaux	22 BBQ PORK STEAK Parsley Potatoes Baked Beans Wheat Bread Chocolate Cake *Millstadt IGA	23 DILLARDS CHICKEN SALAD SANDWICH Fresh Fruit Cup Chips Croissant Cookie *Millstadt IGA	24	
25 FRIED CHICKEN 26 Whipped Potatoes Gravy Peas Hot Roll Bread Pudding *Millstadt IGA	27 PORK SAUSAGE Sauerkraut Mashed Potatoes/Gravy Green Beans Wheat Bread Fruit Pie *Schuberts	28 BEEF STEW w/potatoes and carrots Creamy Coleslaw Biscuit Peach Cobbler *Millstadt IGA	29 CHICKEN PARMIGIAN Pasta Green Beans Tossed Salad Bread Stick Cherry Dessert *Bredeaux	30 HOWLING CHILI Baked Potato with sour cream & cheese Scary Parslied Carrots Wheat Bread Blueberry Cobbler *Millstadt IGA	31	

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